



## **DR. M. S. SUNIL FOUNDATION**

**Serving Humanity with Compassion and Commitment**

**Reg.No.173/IV/2016**

**Registered Non-Governmental Organization**

**12A & 80G Certified | CSR Eligible**

### **ORGANIZATIONAL PROFILE**

Dr. M. S. Sunil Foundation is a registered charitable organization based in Kerala, India, committed to uplifting marginalized communities through sustainable, inclusive, and impact-driven development initiatives.

Dr. M. S. Sunil Foundation is dedicated to uplifting underprivileged communities from vulnerable living conditions to a path of sustainable and dignified livelihoods.

Our primary focus is on empowering women, widows, children, and the needy, ensuring they receive the support, opportunities, and resources required to build a better future.

We are also deeply committed to tribal development, working with a long-term vision to create lasting impact through education, livelihood programs, healthcare support, and community development initiatives.

All our services and programs are sustained through the generous support of our individual sponsors and well-wishers, whose contributions enable us to continue transforming lives and strengthening communities.

## PROUD RECIPIENT OF THE NARI SHAKTI AWARD, CONFERRED BY THE HONORABLE PRESIDENT OF INDIA



In 2017, our Founder, Dr. M. S. Sunil, was honored with the prestigious ‘Nari Shakti Award’, one of the highest national recognitions for outstanding contribution to women empowerment in India.

The award was presented by the Honorable President of India, Shri Ram Nath Kovind, in recognition of her exceptional efforts in uplifting women and promoting gender equality.

This honor stands as a proud moment for our organization and serves as national recognition of our continued commitment to empowering women and strengthening marginalized communities.



## ABOUT THE FOUNDER

### **Dr. M. S. Sunil**

Founder & Chairperson

M.Sc., B.Ed., M.Phil., Ph.D.

Dr. M. S. Sunil is a retired Professor and Head of the Department of Zoology at Catholicate College, Pathanamthitta, affiliated with Mahatma Gandhi University, Kerala.

With over three decades of experience in academia and community leadership, she has dedicated her life to education, research, and social upliftment.

Founded by Dr. M. S. Sunil, an academician and social reformer with decades of service experience, the Foundation focuses on:

- Housing for the homeless
- Healthcare access
- Education and scholarships
- Women empowerment
- Tribal development
- Environmental sustainability
- Food security programs
- Disaster relief support

With strong grassroots presence and measurable impact, the Foundation combines compassion with structured execution to deliver long-term transformation.

### **Academic Contributions:**

- Guided 2 PhD scholars and 3 MPhil scholars
- Published 5 research papers
- Completed 2 UGC-funded minor research projects
- Served as Research Guide and Subject Expert
- Member, Board of Studies

### **Previous Positions:**

- Post Graduate Lecturer - Navodaya Vidyalaya, Vechoochira
- Lecturer - G.V. Raja Sports School, Thiruvananthapuram
- Lecturer - Government Girls Vocational HSS, Parassala
- Faculty - Government College Madappally
- Faculty - Baselious College, Kottayam
- Faculty - Government Arts & Science College, Elanthoor

## LEADERSHIP & GOVERNANCE

Our Founder Dr. M. S. Sunil has also served in several district-level advisory and governance committees, including:

- District Nirbhaya Monitoring Committee
- District Anti-Ragging Committee
- Lead Bank Financial Literacy and Credit Counselling Centre (RBI Appointed)
- District Environmental Impact Assessment Authority
- Planning Board ST Working Group
- Her leadership in National Service Scheme (NSS) for 14 years shaped thousands of students into responsible citizens.

## AWARDS & RECOGNITIONS

- Nari Shakthi Puraskar(2018) from the Hon. President of India
- Global Indian News -Karmasree puraskar
- Holy Innocence award (2020)
- Niswardha Puraskar by Radio Macfast (2020)
- Life time achievement award (KCS) Chicago
- Work of mercy award 2018- SYMS Beharin
- Women achiever award 2018- The Hindu
- Air india- Manorama best teacher award
- Mahila rethnam award of human rights foundation
- Seva keerthi purskaram – Janam TV
- Mother Theresa award- Kalayapuram ashraya
- Jeevakarunya purskaram- justice V.R. Krishnaiyyar foundation
- Sthree Shakthi award 2018- News18
- Eastern Bhoomika Award 2018
- Dr. Kamala bhaskar Award
- Human rights defender Award, 2016
- Best blood donar motivator Award, 2015
- Best blood donar motivator Award, 2014
- Best bhoomithra sena club State Award
- Sath seva Puraskar of Lions club
- Malayalappuzha gopalakrishnan pradhama Puraskar
- Good Samaritan special Puraskar
- Ambedkar fellowship 2010
- Paristhithi award 2010
- Jenaseva puraskar
- Gandhibhavan award for best social worker
- Vanitha samaj seva Puraskar
- Best blood donar motivator Award, 2010
- Best blood donar motivator Award, 2009
- Desamithra special puraskaram 2009
- Best blood donar motivator Award, 2008
- Kera keralam project merit certificate
- Best N.S.S. programme officer award of M.G. University 2006-2007
- Best N.S.S. programme officer award of M.G. University 2007-2008
- Best N.S.S. programme officer award of the State 2007-2008
- Easwaramma Varenaya Puraskar (2022) - Sathyasai Baba Trust
- Mar Theodocious Award (2023)- Dubai
- Seva Puraskar (2024)- Kerala Vision Channel
- Parabrahma Chaithanya Puraskar (2025)
- P.P. Mukundan Sevana Puraskaram (2025)
- Outstanding Social Worker Empowerment Award (2025)

With the continued support of our partners and well-wishers, we are proud to carry forward our initiatives and make an ongoing impact in the community.

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- Her leadership in National Service Scheme (NSS) for 14 years shaped thousands of students into responsible citizens.

Her work bridges academia, governance, and grassroots development.

## ORGANIZATIONAL STRUCTURE



**Founder &  
Managing Director**

Dr. M. S. Sunil



**Secretary & Social  
Worker**

Mr. K. P. Jayalal

Diploma in Mechanical  
Engineering



**Trustee**

Mr. Prince Sunil  
Thomas

B.Sc. Physics (Hons),  
St. Stephen's College,  
Delhi | M.Sc., Dublin  
University Education  
Degree, Manchester  
University



**Trustee**

Mrs. M. J. Sosamma

Retired Teacher,  
St. Stephen's School,  
Pathanapuram

The organization operates with transparency, accountability, and structured financial systems.

## VISION & MISSION



### Vision

To build a compassionate and equitable society where every individual — regardless of socio-economic background — has access to safe housing, quality education, healthcare, and sustainable livelihood opportunities.

### Mission

- To construct safe and affordable housing for homeless families
- To provide accessible healthcare services to underserved communities
- To promote educational equity and scholarship programs
- To empower women and youth through skill development initiatives
- To ensure food security for vulnerable families
- To promote environmental sustainability
- To provide disaster relief and emergency support

### Core Objectives

1. Improve healthcare accessibility in rural and tribal areas
2. Support educational equity
3. Promote women empowerment initiatives
4. Provide safe housing for homeless families
5. Conduct environmental awareness programs
6. Deliver emergency relief during disasters

# HOME FOR HOMELESS



## ***“A Shelter for the Shelterless – A Dream for Sustainable Communities”***

The Foundation’s flagship initiative addresses one of the most critical social issues — homelessness. This program constructs eco-friendly, durable, and climate-suitable homes for:

- Widows
- Elderly persons
- Persons with disabilities
- Marginalized families
- Disaster-affected households

This program directly aligns with CSR goals under housing, poverty alleviation, and sustainable development.

### **Key Features:**

- 100% Free House Handover - Homes provided completely free of cost to beneficiaries
- Eco-Conscious Construction - Built using sustainable and reusable materials
- Durable GI Roofing Sheets - Strong, weatherresistant roofing for long-term protection
- Advanced Ventilation System - Seven ventilation points per house for better airflow and comfort
- Fast Completion - Houses completed within 20–30 days
- Inclusive Beneficiary Selection – Fair and transparent selection process

### **Impact:**

- More than 370 houses have been constructed and handed over free of cost to homeless families. 1,100+ individuals rehabilitated
- Hundreds of families restored to dignity and safety



## FOOD SECURITY INITIATIVE



### Grocery Distribution Program

Started in 2008 with 30 families, the program now supports over 100 families monthly across Pathanamthitta, Kollam, and Alappuzha Districts.

Seasonal support is provided during Onam and Christmas under the “Karuthal” initiative.

***The program ensures dignity and food security for vulnerable households.***

### Each Kit Includes:

- Rice
- Pulses
- Sugar
- Cooking oil
- Spices
- Wheat flour
- Rice flour
- Toiletries
- Vegetables
- Oats
- Bread and biscuits

The Grocery Distribution Program is one of our key support initiatives for families facing physical and medical challenges that prevent them from earning a regular income. Through this program, essential grocery kits are provided to meet daily needs and ensure children receive nutritious food for healthy growth and development. With the generous support of our sponsors, we have been able to continue this initiative successfully up to this month.



## EDUCATION SUPPORT PROGRAMS



### ***Education is the strongest tool against poverty.***

The Foundation invests in long-term social mobility through education, recognizing it as the most powerful pathway out of poverty. By supporting children from underprivileged families with access to quality education, learning materials, and guidance, we help them overcome social and financial barriers.

Our goal is not only to educate, but to empower - enabling children to gain confidence, develop skills, and create opportunities for a better future. Through education, they can improve their living conditions, support their families, and contribute positively to society.

#### **Key Initiatives:**

- Distribution of school kits (notebooks, uniforms, bags, calculators)
- ₹5,000 scholarships for meritorious students
- Vidyajyothi Program for orphaned and HIV-affected children
- Establishment of 22 rural libraries
- Internship program for BSW/MSM students

#### **Impact:**

- 800+ students supported
- 200+ scholarships awarded



## HEALTHCARE & MEDICAL INITIATIVES



The Foundation conducts large-scale healthcare outreach in underserved communities to ensure that quality medical services reach those who need them most. Through health camps, screenings, and awareness programs, we address critical health issues, provide preventive care, and offer guidance on maintaining a healthy lifestyle.

By bringing healthcare directly to communities with limited access, we help reduce preventable illnesses, improve overall well-being, and empower families to lead healthier, more productive lives.

### **Achievements:**

- 50+ Medical Camps
- 31 Blood Donation Camps (350 units annually)
- 23 Free Cataract Surgeries
- 100 Digital Hearing Aids distributed
- 276 Wheelchairs distributed
- 45 additional wheelchairs to institutional inmates
- 76 individuals rehabilitated through mental health initiatives
- 28 HIV/AIDS awareness programs

These initiatives improve accessibility, affordability, and awareness of healthcare services

### **Link Between Health and Livelihood**

Poverty and healthcare are deeply connected—when a family faces medical issues, it can disrupt the entire household's economy. Recognizing this, the Foundation includes healthcare and medical support as an integral part of our services. By providing timely medical assistance, preventive care, and health awareness, we help families maintain their well-being and protect their financial stability.

# WOMEN EMPOWERMENT & TRIBAL DEVELOPMENT



## Women Empowerment

The Foundation promotes financial independence and leadership among women.

### Programs:

- Tailoring and handicraft training
- Financial literacy workshops
- Self-help group formation
- Income generation support

### Impact:

- 300+ women trained
- 150+ women earning independently

## Tribal Development:

The Foundation provides comprehensive housing and livelihood support to 20 tribal families, ensuring they have safe homes and sustainable means of income. By addressing both shelter and livelihood, we empower these families to achieve stability, improve their living conditions, and build a foundation for a better future.

- Educational assistance
- Healthcare access

## Environmental Initiatives:

- Tree plantation drives
- Plastic-free awareness campaigns
- Environmental seminars
- Promotion of sustainable housing practices



# FINANCIAL TRANSPARENCY

Our Foundation is a registered NGO, 12A & 80G certified, CSR-eligible, with annual audited statements and transparent utilization reporting, ensuring accountability and trustworthiness in all our initiatives.

## Funding Sources:

Our initiatives are supported through individual donations, sponsorships, and contributions from our founders, enabling us to sustain and expand our programs for maximum community impact.

## Future Goals (2026–2030)

- **Create a Model Tribal Village** – A sustainable and self-reliant community serving as a benchmark for holistic development.
- **Launch Mobile Health Units** – Bringing quality healthcare directly to remote and underserved communities.
- **Establish Community Health Centers** – Accessible facilities providing preventive and primary care for all.
- **Expand Housing Programs** – Providing safe, eco-friendly homes to more families in need.
- **Enhance Education & Digital Literacy** – Increasing scholarships and digital learning opportunities for children and youth.
- **Empower Women Entrepreneurs** – Strengthening initiatives that promote financial independence and skill development for women

## WHY PARTNER WITH US?

- ✓ Proven grassroots impact
- ✓ Transparent financial systems
- ✓ Strong ethical leadership
- ✓ Sustainable and scalable models
- ✓ Community trust
- ✓ CSR-aligned development programs

Building Homes.  
Restoring Hope.  
Transforming Lives.



Reg.No.173/IV/2016

## CONTACT INFORMATION

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